



How to Facilitate a #GoodMenUg Community Dialogue

#GoodMenUg Background:

The Good Men Project: Empowered Men raising Empowered Girls focuses on creating a more father-inclusive environment to benefit the girl child. Empowering men ensures the girl child has access to educational opportunities, improves parenthood, fights HIV transmission, and promotes gender equitable norms and practices. Good Men Project activities foster more male involvement in their daughter's lives and empowers daughters to stand up for their rights, become self-aware, and have a healthy life.

Dialogue Timeline: Two-hours, with multiple activities.

Venue: Select a venue, or space for your dialogue, which may include places where you work, community centers, schools, or places of worship.

Event Outline:

Introduce yourself (2 minutes)

Introduce yourself as an interested YALI Network member who wants to start an important conversation about the important role of women and girls in society and promoting opportunities for women and girls, with a particular emphasis on gender-based violence prevention. You don't have to be an expert, just having an interest in convening a community dialogue. Remember to keep it short!

Explain the Structure of the Event (5 minutes)

Walk participants through what to expect during your session, including interactive activities and desired outcomes outlined below. Don't forget to explain all directions and activities fully and clearly before you begin.

Based on the principle of 'do no harm,' establish ground rules with participants, such as listening, respecting others by not interrupting or judging, maintaining confidentiality, and encouraging participation from all.

Ice Breaker (10 minutes)

Note: *Watch out, these can take a long time if you let everyone introduce themselves!*

Suggested Activity: Introduce yourself in 10 Words or Less

Have participants choose a partner or small group and instruct each person introduce him or herself in 10 words or less by addressing the following points:

- Include your name, where you are from, what are your aspirations for your daughter(s) or women in your community.
- Repeat this 3 or 5 times. Ring a bell or ask people to switch partners at 1 minute.
- Attendees should now have a good idea of who a few of their fellow participants are, even if they have not been introduced to everyone.

Group Activity: Brainstorm (10 minutes)

Challenge groups to name 10 examples of gender-based violence.

- Split participants into groups of 3-5, as appropriate for event size.
- Give 5 minutes for brainstorming.
- Have one or two people from each group present their ideas to the whole group

Brief group discussion to summarize activity: (5 minutes)

- Did most groups come up with the same 10 items?

Watch Lesson: Ending Violence against Women and Girls (7 minutes)

Find the lesson at yali.state.gov/courses/women-girls-3/

Group Discussion (10 minutes)

Compare the ideas brainstormed before watching the video to the content presented in the video.

- What was similar or different?
- What was surprising?

Group Activity (20 minutes)

- **Set Up:** Ask the attendees to stand side-by-side in a line facing one another, so that they can see each other respond to the questions. **The emotional content of this exercise can be high, so be mindful of that.**
- Explain that you will read a series of questions to them, and if a question applies to them they should step forward. Take time to notice their thoughts and feelings. They will then have to step back in line to wait for the next question. The exercise should be done in silence.

Below are the questions:

- Please step forward if you have ever interrupted a woman by talking over her.
- Please step forward if you have ever been interrupted by a man talking over you.
- Please step forward if you have ever thought what a woman or a girl had to say is not as important as what a man has to say.
- Please step forward if you have ever looked at the body of a woman inappropriately while talking to her or while she walked by.
- Please step forward if you have ever been inappropriately stared at by a man.
- Please step forward if you have ever downplayed a woman's fear of male violence.
- Please step forward if you have ever not been taken seriously when expressing concern over male violence.
- Please step forward if you have ever used your voice or body to scare a woman.
- Please step forward if you have ever been intimidated by a man.
- Please step forward if you have ever tried to control where a woman's actions.
- Please step forward if you have ever been controlled by a man.

At the end of the exercise, participants can discuss their reactions to the exercise.

Break, if needed (5 minutes)

Group Activity 2 (10 minutes)

Gender Bias Discussion:

Break into small groups and discuss the following:

1. Is there a link between women's decision making at home and children health status?
2. Does a girl's lack of education affect future prospects?

Group Activity: Action Planning (20 minutes)

Break into different pairs or small groups to come up with an action plan for addressing one community situation where gender-based violence occurs.

Action plans should include:

Target audience: who should be aware of this issue?

- Example: women, girls in school, local leaders or government officials, husbands, fathers and brothers, etc.

Behavior change: what do you want this target audience to do?

- Example: discuss issue in class, at home, in public meetings, etc.

Messaging: how do you approach them and what do you say or do?

- Example: Present facts or videos, hold a community meeting, work on art projects in schools, and create posters or pamphlets.

Wrap-up (10 minutes)

Quickly reemphasize the core lessons learned with tailored questions below and encourage the participants to stay in touch.

- 1- How can you empower men and others to stop GBV in their communities?
- 2- Which strategies will you use to help women and girls to become socially empowered?
- 3- Who stands to gain if girls and women are empowered?

Ask to create a network amongst your group members to encourage each other to work together and hold each other accountable for stopping GBV and empowering women and girls.

Ask participants to sign up for the YALI Network at yali.state.gov.